

WEEK 1

W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03, 01/04, 22/04, 13/05

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges	Classic Beefburger Served with Potato Wedges	Roast Chicken Served with roast potatoes and gravy	Beef Bolognaise Served with wholewheat pasta and garlic bread	Breaded Fish Fingers Served with Chips
JACKET POTATO	Stir fried Vegetable Rice	Vegetarian Sausages Served with Mashed potato and gravy	Vegetarian Cottage pie Served with gravy	Vegetarian Bolognaise Served with wholewheat pasta, garlic and herb bread	Crispy Quorn Nuggets Served with Chips
	Jacket Potatoes ♡🌱 with a choice of hot and cold fillings	Jacket Potatoes ♡🌱 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Jacket Potatoes ♡🌱 with a choice of hot and cold fillings	Jacket Potatoes ♡🌱 with a choice of hot and cold fillings	Jacket Potatoes ♡🌱 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱🌿					
All main meals are served with two vegetables					
DESSERT	Chocolate Sponge with Chocolate Custard	Raspberry Yoghurt Cake with fruit slices 🌱	Banana Cake with fruit slices 🌱	Flapjack served with fruit slices 🌱	Vanilla Ice Cream

PACKED LUNCH AVAILABLE
Ham, Cheese or Tuna sandwich

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌿 Wholegrain
🍏 Fruity! ♡ Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



WEEK 2

W/C: 13/11, 20/11, 08/01, 15/01, 19/02, 11/03, 01/04, 22/04,
13/05, 03/06

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza Served with wedges	Chicken and Vegetable Tikka Masala Served with wholegrain rice	Roast Turkey Served with roast potatoes and gravy	Sausage Pasta Bake Served with garlic and herb bread	Breaded Fish Fingers Served with Chips
JACKET POTATO	Vegetarian Cottage Pie ♻️ 🍷 Served with Gravy	Macaroni Cheese ♻️	Cheesy Leek and Carrot Crumble Served with roast potatoes and gravy	Vegetarian Lasagne Served with garlic and herb bread	Crispy Quorn Nuggets Served with Chips
DESSERT	Jacket Potatoes ♻️ 🍷 with a choice of hot and cold fillings	Jacket Potatoes ♻️ 🍷 with a choice of hot and cold fillings	Jacket Potatoes ♻️ 🍷 with a choice of hot and cold fillings	Jacket Potatoes ♻️ 🍷 with a choice of hot and cold fillings	Jacket Potatoes ♻️ 🍷 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta ♻️ 🌿					
All main meals are served with two vegetables					
DESSERT	Apple Crumble and Custard	Crunchy Chocolate Biscuit	Chocolate and Vanilla Marble Cake	Chocolate Shortbread with fruit 🍌	Strawberry Ice cream

PACKED LUNCH AVAILABLE
Ham, Cheese or Tuna sandwich

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

♻️ Vegetarian 🐟 Oily Fish 🌿 Wholegrain
🍏 Fruity! 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



WEEK 3

W/C: 20/11, 25/12, 15/01, 05/02, 26/02, 18/03, 08/04, 29/04,
20/05 10/06

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza Served with Potato wedges	Pork Sausages Served with Mashed potato and Gravy	Roast Turkey Served with roast potatoes and gravy	Chicken and Vegetable Korma Served with wholegrain Rice	Breaded Fish Fingers Served with Chips
JACKET POTATO	Vegetable Korma Served with wholegrain rice	Macaroni Cheese Served with garlic and herb bread	Sweet potato chickpea roast Served with roast potatoes and gravy	Vegetarian Cottage Pie Served with gravy	Crispy Quorn Nuggets Served with Chips
	Jacket Potatoes ♡ ♻️ with a choice of hot and cold fillings	Jacket Potatoes ♡ ♻️ with a choice of hot and cold fillings	Jacket Potatoes ♡ ♻️ with a choice of hot and cold fillings	Jacket Potatoes ♡ ♻️ with a choice of hot and cold fillings	Jacket Potatoes ♡ ♻️ with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta ♻️ 🌿					
All main meals are served with two vegetables					
DESSERT	Vanilla Sponge with Custard	Strawberry Jelly	Orange Drizzle with Fruit slices 🍌	Banana Cake with fruit slices 🍌	Chocolate Ice Cream with Shortbread biscuit

PACKED LUNCH AVAILABLE
Ham, Cheese or Tuna sandwich

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

♻️ Vegetarian 🐟 Oily Fish 🌿 Wholegrain
🍏 Fruity! ♡ Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.